

Waypoints

Leg	Name / Position / Elevation	Bearing	Distance	Ascent	Time	Comments	Photo
0	Start 33°53.056'S, 150° 57.688'E 7 m					Carramar Station - use toilets at station. Check walk thru park from station to Hume Hwy. L from station along Wattle Cr to Moore St (cross Prospect Creek). CARRAMAR - MIRAMBEENA REGIONAL PARK - GEORGES RIVER - WALKWAY - BANKSTOWN Train from Central to Carramar (Suburban Platform-T3 Bankstown Line). Streets, parks, Cumberland Plains, woodland, estuarine mangrove forest, massed Australian White Ibis display, interesting historic art beside river. Mostly flat. Bus and train return to city.	
1	creek 33°53.115'S, 150° 57.522'E 6 m	247°T	278 m	1 m	0:04	Cross creek into Moore St.	
Totals:			7.95 km	28 m	2:05		

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2	L 33°53.230'S, 150° 57.452'E 7 m	207°T	266 m	2 m	0:04	L, Cook St. to footpath on R over creek and enter Carrawood Pk.	
3	cross 33°53.272'S, 150° 57.681'E 6 m	103°T	361 m	1 m	0:05	Footpath R over creek and entre Carrawood Pk.	
4	toilets 33°53.362'S, 150° 57.951'E 5 m	112°T	916 m	2 m	0:14		
5	Cross 33°53.393'S, 150° 58.020'E 4 m	118°T	121 m	0 m	0:01	Cross Hwy at Ped Crossing, lights (3717).	
6	enter 33°53.436'S, 150° 58.061'E 4 m	142°T	101 m	0 m	0:01	Enter Cumberland Plains Woodlands and later Estuarine Mangrove Forest.	
7	M tea 33°54.070'S, 150° 58.527'E 10 m	148°T	1.51 km	11 m	0:24	Toilets, Flinders Slopes - Aboriginal poles.	
8	cross ? 33°54.395'S, 150° 58.770'E 3 m	148°T	724 m	1 m	0:11	10 mins after morning tea, cross creek at brown wire fence bridge lake on L. ??? Australian White Ibises display in this area.	
9	R track 33°54.518'S, 150° 58.686'E 3 m	209°T	261 m	1 m	0:04	All the time keep to R track parallel and near Prospect Creek (walk marker #26).	
10		265°T	794 m	1 m	0:12		
Totals:			7.95 km	28 m	2:05		

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	toilets 33°54.539'S, 150° 58.429'E 2 m					Toilets -Garrison Point	
11	Gate 33°54.681'S, 150° 58.528'E 4 m	150°T	496 m	4 m	0:08		
12	Toilets lunch 33°54.945'S, 150° 58.464'E 2 m	192°T	498 m	0 m	0:07	Toilets at Rabaul St. Walk L of river. (Beryl shark victim). Kentucky Res.	
13	End 33°55.758'S, 150° 58.802'E 2 m	161°T	1.62 km	5 m	0:25	Cross at Lights (Hungry Jacks) on Millperra Rd in bus zone. Bus 900 to Burwood via Bankstown. Lavarra Cafe bankstown station (walk through stn - its on L closed Sun, Sat and week days opened late.	
Totals:			7.95 km	28 m	2:05		