

Waypoints

| Leg | Name / Position / Elevation | Bearing | Distance | Ascent | Time | Comments | Photo |
|---------|--|---------|----------|--------|------|---|-------|
| 0 | Bus Stop 33°48.265'S, 151° 08.899'E 31 m | | | | | Alight bus stop 206644 Epping Rd after Sam Johnston Way. Turn L at sign Riverside Park just after Meriton Dev. | |
| 1 | bush track 33°48.291'S, 151° 08.758'E 14 m | 258°T | 222 m | 0 m | 0:05 | Look for bush track heading downhill on R from some company carpark space. | |
| 2 | follow track 33°48.333'S, 151° 08.729'E 6 m | 210°T | 91.3 m | 0 m | 0:02 | Follow track down to derelict pump station on river, turn L keeping river on R. | |
| 3 | footbridge 33°48.386'S, 151° 08.759'E 1 m | 154°T | 107 m | 0 m | 0:02 | Cross footbridge across creek. Follow path across grass then bush track and mangrove boardwalks down river. | |
| 4 | morning tea 33°48.808'S, 151° 08.654'E 1 m | 192°T | 965 m | 22 m | 0:18 | Track leads to Blackman Park. Good spot for morning tea - tables, shelter, water, toilets. On leaving cross grass to new wetland area at bottom of park, crossing a small footbridge | |
| Totals: | | | 9.45 km | 287 m | 3:14 | | |

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| 5 | The Boreen 33°48.915'S, 151° 08.716'E 1 m | 154°T | 220 m | 1 m | 0:03 | Take bush track on R signed "The Boreen". Follow this undulating track through Lovetts Reserve | |
| 6 | L steps 33°49.229'S, 151° 08.958'E 12 m | 147°T | 754 m | 30 m | 0:16 | Turn L at steps up to The Boreen, emerging at grassy/rocky knoll overlooking Burns Bay Rd. Turn R along road. | |
| 7 | R on road 33°49.360'S, 151° 08.977'E 11 m | 173°T | 244 m | 7 m | 0:05 | R on Burns Bay Rd | |
| 8 | down to river 33°49.629'S, 151° 08.831'E 12 m | 204°T | 641 m | 10 m | 0:11 | at Slip Rd turn off Burns bay Rd and head down to river at Cunningham's Reach. | |
| 9 | R under bridge 33°49.738'S, 151° 08.760'E 0 m | 208°T | 258 m | 0 m | 0:05 | Follow Slip Road under bridge and turn R into the Avenue , soontaking steps on L up to The Crescent. | |
| 10 | L into View 33°49.644'S, 151° 08.970'E 32 m | 062°T | 424 m | 32 m | 0:09 | Turn L into View Street | |
| 11 | into Linley Pt Res 33°49.503'S, 151° 09.040'E 13 m | 023°T | 287 m | 0 m | 0:06 | Cross road into Linley Pt Reserve on R and follow waterside path round the bay walking under | |
| Totals: | | | 9.45 km | 287 m | 3:14 | | |

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| | | | | | | pipeleine bridge to head of bay. | |
| 12 | Turn R then L 33°49.338'S, 151° 09.163'E 1 m | 032°T | 544 m | 3 m | 0:09 | Turn R and then immediatley on L after end of bridge.Go up steps to Riverview St. | |
| 13 | R up Riverview St 33°49.422'S, 151° 09.240'E 37 m | 143°T | 253 m | 36 m | 0:07 | Turn R up Riverview St , very steep, cross rd at brow of hill and enter St Ignatius College oval, keeping to tree line on L, dropping down toward school building at end of grass. | |
| 14 | college grounds 33°49.413'S, 151° 09.375'E 44 m | 086°T | 217 m | 11 m | 0:04 | Walk through college grounds (public track) past front of the college and rose gardens . Look for steps on R down through rocks and water. | |
| 15 | track 33°49.775'S, 151° 09.351'E 1 m | 183°T | 685 m | 9 m | 0:16 | Follow waterside track downriver past rowing sheds. | |
| 16 | track ends 33°49.690'S, 151° 09.574'E 24 m | 066°T | 517 m | 29 m | 0:11 | Where this track ends, turn L short uphill climb to join bush track on R which leads to Tambourine Bay Reserve. | |
| 17 | lunch 33°49.624'S, 151° | 028°T | 139 m | 0 m | 0:04 | Tambourine Bay Reserve is a goodl | |
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| | 09.616'E 3 m | | | | | lunch spot with picnic tables, water and toilet. | |
| 18 | track east 33°49.678'S, 151° 09.928'E 0 m | 102°T | 513 m | 9 m | 0:09 | Follow track eastwards out of this reserve to Hodgson Park where track leaves shoreline and heads L up creek into Warranoon Reserve. | |
| 19 | options 33°49.581'S, 151° 10.086'E 16 m | 054°T | 349 m | 15 m | 0:06 | Various track options through reserve up to River Rd or William Edwards St. All of which lead to Blaxlands Cornor. | |
| 20 | lights 33°49.379'S, 151° 10.321'E 56 m | 044°T | 771 m | 46 m | 0:16 | At Blaxlands Cornor, cross at lights into Longueville Rd and follow this back into Lane Cove Village where there are numerous coffee shops. | |
| 21 | coffee 33°48.868'S, 151° 10.201'E 81 m | 349°T | 987 m | 27 m | 0:17 | | |
| 22 | bus 33°48.738'S, 151° 10.272'E 80 m | 025°T | 264 m | 2 m | 0:04 | Frequent buses to Chatswood and city from Lane Cove interchange on Epping Rd, 5 | |
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|---------|-----------------------------|---------|----------|--------|------|--------------------------------|-------|
| | | | | | | mins walk from village centre. | |
| Totals: | | | 9.45 km | 287 m | 3:14 | | |