

Waypoints

Leg	Name / Position / Elevation	Bearing	Distance	Ascent	Time	Comments	Photo
0	Start 33°47.976'S, 151° 17.087'E 1 m					Pass the Manly Information Centre Walk through the East Esplanade Park Pass the sailing club Stay on lower path Walk up Stuart Street	
1	View 33°48.509'S, 151° 16.993'E 6 m	188°T	1.24 km	23 m	0:22	Stop to visit Manly Peace Park at end of Addison Street Lovely homes and gardens on left walking down	
2	Morning tea 33°48.375'S, 151° 17.167'E 6 m	047°T	668 m	16 m	0:13	Morning tea with toilets at little Manly After Morning tea return to Craig Street	
3	Enter Barrack Precinct 33°48.549'S, 151° 17.800'E 73 m	108°T	1.95 km	86 m	0:39	Walk through Parade ground Follow signs to Fairfax Lookout At end of Parade ground lookout for Office North Head Sanctuary Foundation A bush path followed by a steel walkway leads you through Harbour National Park	
4	Lunch 33°48.708'S, 151°	207°T	3.3 km	66 m	1:02	Lunch and toilets available	
Totals:			10.4 km	247 m	3:25		

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	17.702'E 72 m					Information centre at North Fort	
5	Finish 33°47.997'S, 151° 17.133'E 2 m	326°T	3.22 km	57 m	1:06	Walking down Wentworth or Victoria street is a less busy finish rather than the corso	
Totals:			10.4 km	247 m	3:25		