

## Waypoints

Leg	Name / Position / Elevation	Bearing	Distance	Ascent	Time	Comments	Photo
0	Start 33°51.857'S, 151° 10.220'E 40 m					From bus stop on Victoria Rd, go down Hancock Street. Turn right at end to Darling Street. Turn left along Darling Street.	
1	Cross 33°52.006'S, 151° 09.959'E 30 m	235°T	515 m	1 m	0:08	Cross at traffic lights and enter grounds of Rozelle hospital.	
2	Circle 33°51.990'S, 151° 09.881'E 28 m	284°T	123 m	0 m	0:02	Have circle on lawns. Then veer downhill to right to bamboo clump.	
3	Bamboo 33°51.870'S, 151° 09.867'E 19 m	354°T	227 m	0 m	0:04	Take track through bamboo stand.	
4	Track 33°51.843'S, 151° 09.875'E 11 m	014°T	51.4 m	0 m	0:01	Take track through bush on left. Follow alongside substation and down to King George Park.	
5	Toilet 33°51.798'S, 151° 09.840'E 5 m	326°T	99.3 m	0 m	0:02	Toilets on far side of park, if necessary. Then follow edge of park around to the left, past the road to stone steps on left.	
6	Steps 33°51.763'S, 151°	283°T	295 m	6 m	0:05	Take steps and follow track along cliff top. Chance to	
Totals:			12.9 km	178 m	3:49		

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	09.668'E 2 m					view many rock carvings.	
7	Steps 33°51.751'S, 151° 09.615'E 2 m	284°T	84.4 m	0 m	0:01	Take steps down to Iron Cove. Follow waters edge around to Leichhardt Rowing Club.	
8	Toilet 33°51.963'S, 151° 09.302'E 2 m	230°T	707 m	2 m	0:11	Toilet up to left at edge of Leichhardt Park. Then follow path around edge of Iron Cove.	
9	Steps 33°52.323'S, 151° 09.084'E 2 m	206°T	847 m	2 m	0:13	Climb steps and take foot bridge across Hawthorne Canal. Follow Bay Run around Iron Cove.	
10	Cross 33°52.234'S, 151° 08.527'E 1 m	280°T	1.01 km	4 m	0:16	Cross Timbrell Drive.	
11	Cross 33°52.294'S, 151° 08.387'E 1 m	242°T	243 m	0 m	0:03	Cross footbridge and then cross Timbrell Park to picnic shelter.	
12	Morning Tea 33°52.167'S, 151° 08.310'E 5 m	332°T	263 m	4 m	0:04	Morning tea. Toilets available. Then follow edge of park to resume Bay Run route.	
13	Detour option 33°51.949'S, 151° 08.840'E 1 m	063°T	960 m	3 m	0:15	If interested, walkers can take a detour to explore Rodd Point, including the family crypt. Continue around the Bay Run to	
Totals:			12.9 km	178 m	3:49		

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						Thompson Street on left.	
14	Cross 33°51.559'S, 151°09.306'E 2 m	044°T	1.54 km	5 m	0:24	Cross and follow Thompson Street to Lyons Road. Turn right to pedestrian lights.	
15	Cross 33°51.222'S, 151°09.049'E 23 m	327°T	806 m	32 m	0:16	Cross Lyons Road then turn right. Follow Lyons Road to Dempsey Place on left.	
16	Turn 33°51.170'S, 151°09.077'E 23 m	024°T	145 m	5 m	0:03	Follow to end of Dempsey Place, then take path around to the left of the Oval.	
17	Toilet 33°51.008'S, 151°08.966'E 4 m	330°T	419 m	2 m	0:08	Toilet in grandstand. Last option before lunch. Then cross park to path around Five Dock Bay and follow this to the right.	
18	The Esplanade 33°50.905'S, 151°08.910'E 1 m	335°T	208 m	0 m	0:03	Follow The Esplanade to the end.	
19	Steps 33°50.734'S, 151°08.839'E 2 m	340°T	487 m	3 m	0:07	Take steps up to Victoria Place, then turn left.	
20	Turn 33°50.709'S, 151°08.826'E 2 m	337°T	50.2 m	0 m	0:00	Turn left along Victoria Place and follow to Howley Park at Five Dock Point.	
21	Lunch 33°50.644'S, 151°	299°T	278 m	1 m	0:04	Lunch. Note plaque with	
Totals:			12.9 km	178 m	3:49		

Leg	Name / Position / Elevation	Bearing	Distance	Ascent	Time	Comments	Photo
	08.690'E 2 m					information re construction of Gladesville Bridge. After lunch, retrace steps along Victoria Place.	
22	Turn 33°50.688'S, 151° 08.933'E 8 m	102°T	437 m	6 m	0:07	Turn left up Drummoyne Avenue.	
23	Turn 33°50.637'S, 151° 09.017'E 19 m	054°T	160 m	12 m	0:03	Cross under Bridge and turn right up Cambridge Road.	
24	Turn 33°50.707'S, 151° 09.061'E 15 m	152°T	146 m	3 m	0:03	Turn right and up onto the Gladesville Bridge. Cross bridge.	
25	Turn 33°50.368'S, 151° 08.782'E 20 m	325°T	769 m	26 m	0:16	Follow path around to right. When under the bridge, take the short tunnel to the left, then turn left again and follow path up hill, then take path alongside the Burns Bay Road off ramp.	
26	Steps 33°50.289'S, 151° 08.754'E 14 m	343°T	398 m	10 m	0:08	Take steps down to cross under the Tarban Creek Bridge. Turn left at bottom of steps.	
27	Turn 33°50.298'S, 151°	266°T	254 m	9 m	0:05	Take path to right just before the bus stop. Follow	
Totals:			12.9 km	178 m	3:49		

Leg	Name / Position / Elevation	Bearing	Distance	Ascent	Time	Comments	Photo
	08.594'E 19 m					around and down to playing fields.	
28	Cross 33°50.209'S, 151° 08.365'E 2 m	294°T	662 m	2 m	0:12	Note that there is a toilet in the park off to the left if necessary. Cross footbridge.	
29	Follow 33°50.174'S, 151° 08.348'E 1 m	337°T	69.9 m	0 m	0:01	Follow Joly Avenue to Centenary Avenue then George Avenue to Pitt Street on left.	
30	Turn 33°50.122'S, 151° 08.619'E 4 m	077°T	461 m	8 m	0:08	Turn left up Pitt Street.	
31	Steps 33°50.077'S, 151° 08.627'E 13 m	009°T	82.9 m	9 m	0:02	Take steps then follow short road to Ryde Road and end of walk.	
32	End 33°50.040'S, 151° 08.642'E 33 m	018°T	73.4 m	20 m	0:03	End of walk. Buses to City, Chatswood or Macquarie.	
Totals:			12.9 km	178 m	3:49		