

Waypoints

Leg	Name / Position / Elevation	Bearing	Distance	Ascent	Time	Comments	Photo
0	Spit Reserve 33°48.328'S, 151° 14.760'E 1 m					Place for welcome circle. Toilet	
1	Steps 33°48.074'S, 151° 14.781'E 11 m	003°T	481 m	12 m	0:08	Cross Spit Bridge. Take steps at left down under Spit Bridge.	
2	Shelter 33°48.425'S, 151° 15.098'E 1 m	142°T	1.86 km	43 m	0:37	Afternoon tea. Toilet. Take road at end of reserve down to beach.	
3	Optional route 33°48.449'S, 151° 15.104'E 2 m	168°T	45.2 m	0 m	0:00	In case of low tide, cross park to Monash Crescent. At end go down to beach again then climb steps at end of beach.	
4	Junction 33°48.876'S, 151° 15.728'E 34 m	129°T	1.41 km	54 m	0:28		
5	Detour 33°48.881'S, 151° 15.763'E 33 m	099°T	55.1 m	1 m	0:01	Allow those interested to take short detour to see rock art.	
6	Steps 33°48.652'S, 151° 16.026'E 80 m	043°T	600 m	53 m	0:14	Ignore steps to left; go straight ahead.	
7	Lookout - Crater Cove 33°48.614'S, 151° 16.059'E 77 m	035°T	87.8 m	0 m	0:01		
Totals:			9.65 km	273 m	3:19		

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8	Detour 33°48.572'S, 151° 16.095'E 86 m	035°T	98 m	9 m	0:02	Ignore short track to lookout on right. Keep ahead then take short climb up steps to left to road. Turn right to Arabanoo Lookout.	
9	Arabanoo Lookout 33°48.464'S, 151° 16.149'E 81 m	022°T	240 m	1 m	0:04		
10	Track head 33°48.493'S, 151° 16.137'E 84 m	199°T	57 m	3 m	0:01	Take marked track to left to rejoin Spit to Manly track.	
11	Junction 33°48.545'S, 151° 16.203'E 83 m	133°T	187 m	1 m	0:03	Take left turn to Manly.	
12	Junction 33°48.609'S, 151° 16.349'E 43 m	117°T	272 m	0 m	0:07	Continue straight ahead passed junction with Dobroyd Track (Leads to Beattie Street)	
13	Toilets 33°48.440'S, 151° 16.410'E 10 m	016°T	611 m	3 m	0:13	Toilets at end of Reef Beach.	
14	Optional route 33°48.020'S, 151° 16.090'E 11 m	327°T	980 m	35 m	0:21	In case of low tide, go down road to beach past club, then follow beach around and cross to reserve opposite. In case of high tide, follow road up hill then go down laneway	
Totals:			9.65 km	273 m	3:19		

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						across waterway; turn right at end, follow to end of straight then turn right down steps to reserve.	
15	Steps 33°47.883'S, 151° 15.965'E 4 m	322°T	470 m	8 m	0:09	Take steps at far end of reserve to road above.	
16	Right turn 33°47.844'S, 151° 15.977'E 17 m	014°T	100 m	11 m	0:02	Take right turn.	
17	Right turn 33°47.825'S, 151° 16.063'E 17 m	074°T	180 m	7 m	0:04	Right turn at Lauderdale Ave.	
18	Right turn 33°47.832'S, 151° 16.106'E 11 m	101°T	67.2 m	0 m	0:01	Take path to right to Manly. Follow marked path.	
19	Walk end 33°47.961'S, 151° 17.055'E 1 m	099°T	1.85 km	32 m	0:34	End of walk. Option for fish & chips.	
Totals:			9.65 km	273 m	3:19		